

## **STOCKBRIDGE Council on Aging BOARD OF COMMISSIONERS MINUTES Wednesday, December 13, 2023 10:00A.M.**

**1. Members Present:** Christina McCarthy, Chairperson; Andrea Lindsay, Ron Muir, Diane Sheridan and Cathy Buffoni; **Absent:** Nancy O'Brien **Others Present:** Jack Gremli

The Chairwoman called the meeting to order at 10:00 a.m.

**2. Minutes: Approval of the Minutes from meeting on November 16, 2023.** Minutes reviewed and Cathy Buffoni motions for approval of the minutes. Diane Sheridan 2<sup>nd</sup>. All in favor 5-0

**3. Executive Directors Report.** Balance of Budget \$15,413.66. Posted office hours for the COA Director, Monday and Wednesday 9-12; Thursday at HC and Friday 9-11. The RLI event was at full capacity with 80 reservations, about 72 attended. A thank you note will be sent to RLI for hosting. Tri Town Connector transported two from HC. Craft class had 9 participants. Most not able to complete in one class. A second class has been offered to complete. Holiday luncheon was well attended, received positive feedback. Received \$800 grant from the Stockbridge Cultural Council for the Speaker Series. Foot Care updates; Found a new provider \$50 per and a minimum of three appointments. Looking at space outside the Senior Center, possible HC. New Programs; Coffee and Uke. Adding two Congregate meals at Town Hall on Tuesday and Wednesday. Weekly meet and greet at HC on Thursdays to offer med insurance reviews. Monthly Pancake breakfast with the Veterans Agent. Monthly Craft Class. Senior work off positions at COA. Newsletter options. Looking into LPI. Eight pages, its free because advertising is sold to cover expenses. Would still have to mail. Other, Mail Chimp. Discussed Service Incentive Grant Opportunities

### **4. Old Business**

**a. Foot Nurse.** A new provider was found. Works with Tri Town / Elder Services. Interest in offering services at HC, utilizing the puzzle room. Further discussion needed.

**b. December Luncheon.** Lasagna, garlic bread/Italian bread and salad. Devonshire, a long-term care / assisted living facility providing the desserts. Jack with music and trivia. Favorite Holiday songs of the Board members.

### **5. New Business**

**a. Meals on Wheels.** Polly will now be the Meal Site Coordinator. She has all the training and knows the program. With the implementation of the Senior Work Off program, other volunteers / workers can be organized. Will work on adding two-days Tuesday and Wednesday to the program. Ideas on how to promote the meals themselves and dress up the desserts for better attendance.

- b. **Newsletters and mailings.** LPI discussed with Director's report. Will do every other month, would have to negotiate quarterly. If done quarterly would still need to advertise upcoming events by flyer / postcard. Patrick White helping with newsletters.
- c. **Grant from Cultural Council.** Chris spoke about the grant received that will be used to pay for the speakers at the luncheons. She thanks Patrick White for his help submitting for this grant.

6. Open Forum N/A

7. Next Meeting; Next meeting will be Wednesday January 10<sup>th</sup> at 10:00 am.

**Adjournment; A motion was made to adjourn @ 10:46 AM by Ron Muir and it was seconded by Diane Sheridan. All in favor 5 - 0**

Respectfully submitted,



Andrea Lindsay