

Yoga Classes

Stockbridge Senior Center

Mondays and Thursdays: 4:00 - 5:00 p.m.

Yoga with Crystal



Heaton Court

Mondays at 10 a.m.

Yoga with Antoinette



*Senior Center
Town of Stockbridge
50 Main Street PO Box 1496
Stockbridge, MA 01262
413-298-4170 ext. 250*